

# Did You Know?

VA provides a full spectrum of women's health care services, including primary, general medical, mental health, reproductive, and maternity care. You may be eligible to use both TRICARE and VA health care when you retire.

# Women's Health Matters

If you are transitioning from active duty to the reserve components or to civilian life, register with the link or QR code below for the VA Women's Health Transition Training.

Learn about women-focused health services, your eligibility, and the VA enrollment process.

**Due to COVID-19, virtual trainings are now offered twice a day through July.**

**VA**



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your smart phone or visit:  
[va.gov/womenvet/whtt](https://va.gov/womenvet/whtt)

